



What Are Children Learning When They Play?

Play Activity	Description	What is Learned



The Value of Play

Use your notes to help you answer the following questions.

1. Emma loves to dress-up as a chef and help cook in the kitchen. Why should parents/caregivers encourage this type of play?
2. Ace likes to play with colored blocks. What is he learning from this activity?
3. Sara and her friends like to play outside, skipping and running around. Why are these good activities?

4. Matt loves to play in the sandbox. What are the benefits of this activity?

5. Jax loves playing baby dolls with his sisters. Why is it okay for Jax to play this? Explain.

6. Nick, Jake and Jarret are running around outside pretending to be super heroes with super powers. Should this type of play be encouraged? Explain.

7. Four year old Samantha spends hours putting puzzles together. Is this a good activity for a young child? Explain.