

Time to Feed the Baby: Homemade or Store Bought?

Bell-Ringer: Show students some props or pictures of props on PPT slide of bib, baby spoon and small bowl and ask them what they mean/symbolize in stage of baby's life, what they might actually put in that bowl (food wise) and why.

What are your options?

- store bought commercially prepared foods
- homemade foods
- organic & non-organic (can be applied to both)

Pre-Writing & Thinking Activity with YouTube clip:

<http://www.youtube.com/watch?v=7B18l4oVDxA> (Note: This pre-writing activity was developed and shared with me, with permission to share, by Sharon Allen of New Albany High School, Indiana.)

What should be considered?

Activity: Count the students off by three's and give each number a specific article to read.

#1's: <http://www.parentschoiceformula.com/articles/baby-food-make-it-yourself.aspx>

#2's: <http://life.familyeducation.com/baby/foods/39378.html>

#3's: <http://www.gogreenstreet.com/home-made-organic-baby-food-vs-commercial-baby-foods/>

- As you read, think about what's good/positive and bad/negative about each and make a personal list of 3-4 items for each. (Individual activity)
- Now, form small groups of 3 with one person from each article and together create a group list of good and bad for each to be shared on the wall; one for store bought baby food and one for homemade baby food.

- Note: Teacher: Using www.padlet.com , create two walls....one titled Homemade Baby Food Good Idea/Bad Idea and the other titled Store Bought Baby Food Good Idea/Bad Idea.
- By groups students will add their compiled lists of good/bad ideas for each type of food onto the wall and identifying themselves by their group #.
- Once all the good/bad ideas are on the walls (Each will need to be done separately but can be shared via PDF so I can see later what the groups' added.), have students then complete a master chart of the advantages and disadvantages of each type of food.

Discuss: So...which is best in your opinion and why? Have students make a prediction. Let's find out...inform them that we will actually make homemade baby food and compare it to the store bought version.

Activity: Comparison Lab and Follow-Up Questions

Discuss: Lab results, reactions, and follow-up questions as a class.

Assignment: Baby Food Decisions Writing Assignment

