

# Social Media Self-Inventory Tally Sheet

Name \_\_\_\_\_

**Directions:**

- Look back over a minimum of 100 posts, preferably of one social media site and analyze the type of post activity it represented. If you can't do 100 on one site, you can mix them up, just be sure you're placing your tally marks in the right column.
- Honestly evaluate your results with tally marks only. (I don't want to know details!)

	Facebook	Twitter	Insta-gram	LinkedIn
Negative/Snarky "Sub-tweet"				
Selfies				
Questionable Language				
Bragging/Showing-off				
Quotes/ Song Lyrics				
Teenage Rebellion/ Resistance to Authority				
Weather/News				
Positive/Happy/Thanks				
TV/ Sports/ Music				
Wouldn't Want My Parents to See				
Wouldn't Want A Future Employer/ College to See				
Sexual/ Sexual Innuendo				
Boyfriend/Girlfriend Dating				
Friendship/School/Social Drama				

Summary of Posts: