



SUPERFOODS COMIC STRIP

THE ADVENTURES OF A SUPERFOOD HERO!

Your goal with this assignment is to create a colorful comic strip about a SUPERFOOD that explains to a first grader the benefits of eating this food in their diet.

- **Step 1:** Choose a SUPERFOOD identity and decide what your SUPERFOOD hero will look like and draw it. If you need some inspiration, check out Google images.
- **Step 2:** Do some research to be able to answer the following about your SUPERFOOD and then incorporate the information into your comic strip.
 - a. What does your SUPERFOOD have to offer nutritionally speaking?
 - b. Why should it be included in our diets? What benefits does it have to offer? What does it fight against?
 - c. How much and how often should it be eaten?
- **Step 3:** Choose a template from those provided and begin sketching your storyline in pencil. Be sure to include all of the above information. Get your rough sketch approved before you start adding color.

RUBRIC:

Criteria	Present	Not Present
Identity chosen is a SUPERFOOD /2		
Storyline answers all the questions /10		
Comic strip is neat and colorful & creative /5		
Comic strip is free of spelling & grammatical errors /5		
Storyline flows and would make sense to a first grader /3		
Total Points/25		

