



Popcorn Comparison



Microwave Popcorn

Begin Time: _____

End Time: _____

Total Time: _____

Cost: \$ _____

Taste: Circle One

- 5: Great Tasting
- 3: Okay Tasting
- 1: Not So Great

Explain why you liked/disliked this type of popcorn:

Pros & Cons of this type of popcorn:

Nutrition:

Calories: _____

Carbohydrates: _____

Total Fat Grams: _____

Sodium: _____

Jiffy Pop Popcorn

Begin Time: _____

End Time: _____

Total Time: _____

Cost: \$ _____

Taste: Circle One

- 5: Great Tasting
- 3: Okay Tasting
- 1: Not So Great

Explain why you liked/disliked this type of popcorn:

Pros & Cons of this type of popcorn:

Nutrition:

Calories: _____

Carbohydrates: _____

Total Fat Grams: _____

Sodium: _____

Home Made Popcorn

Begin Time: _____

End Time: _____

Total Time: _____

Cost: \$ _____

Taste: Circle One

- 5: Great Tasting
- 3: Okay Tasting
- 1: Not So Great

Explain why you liked/disliked this type of popcorn:

Pros & Cons of this type of popcorn:

Nutrition:

Calories: _____

Carbohydrates: _____

Total Fat Grams: _____

Sodium: _____