

Nutrient Chain Foldable

(Use provided PPT for Notes)

CARBOHYDRATES (Green)

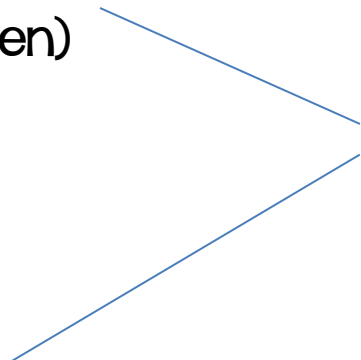
FATS (pink)

PROTEIN (Blue)

VITAMINS (Orange)

MINERALS (purple)

WATER (Gold)



Glue folded pieces in place in this order.

EACH NUTRIENT SECTION SHOULD HAVE:

- LABEL EACH COLOR FOR THE NUTRIENT IT REPRESENTS (12 points)
- 3 HEALTHY FOOD SOURCES FOR THAT NUTRIENT (18 points)
- Describe what the nutrient (including sub-groups) does for our body. Why do we need it? (30 points)
- Each nutrient should include a mix of PICTURES, WORDS, and/or DRAWINGS. (5 points)
- TIP OF CHAIN SHOULD HAVE THE TITLE: "SIX ESSENTIAL NUTRIENTS". (3 points)
- BOTTOM TIP OF CHAIN SHOULD HAVE YOUR NAME WRITTEN CLEARLY. (2 points)

