

How much sugar really is in that SMOOTHIE???

Sugar Amounts for Ingredients

1 cup of milk has 13 grams of sugar.

1 cup of yogurt has 35 grams of sugar.

1 cup of blueberries has 13 grams of sugar.



Using the above information answer the following questions based on the ingredient amounts your group used.

1. How many cups of milk did your group use? _____
2. How many grams of sugar would be in the amount of milk your group used? _____
3. How many cups of yogurt did your group use? _____
4. How many grams of sugar would be in the amount of yogurt your group used? _____
5. Your group used $1\frac{1}{2}$ cups of blueberries so how many grams of sugar was in that amount? _____
6. Add the answers from problems 2, 4, 5 together to get a total. My total is _____ grams of sugar for the whole pitcher.
7. Divide the total from problem 6 by the number of people in your group today. _____ is the grams of sugar per serving.
8. Divide the number you got in problem 7 by 4 to find out the number of teaspoons of sugar in your smoothie serving. My serving of smoothie contained _____ teaspoons of sugar.

