

Healthy Kids Snack Cookbook Project

Have you ever noticed that kids love foods that look like things they recognize like animals, bugs, toys, people, etc.? It is fun to create cute snacks that kids like and that are safe and healthy for them too! For this project you will create a kids' snack cookbook of different snacks adults can make to nutritiously feed children. Have fun, be creative, write down the steps to creating each dish as you go. When you're done making your snack, snap a picture of it to include in the cookbook.

Qualities of a good children's snack:

- Nutritious
- No Choking hazards
- Novelty



Your Kids Snack Cookbook should have the following components:

- Cover Page
- Creative title for each snack
- Picture of each snack
- Food Group Key for each snack
- Ingredients & Steps to make each snack

Healthy Kids Snack Cookbook Rubric

Title Page	5 Points	4 Points	3 Points	2 Points	1 Point	0 Points	Score
Name Block Title Image/Creativity	All components included.	Missing <i>one</i> of the components.	Missing <i>two</i> of the components.	Missing <i>three</i> of the components.	Missing <i>four</i> of the components.	No title page included.	
Recipes	5 Points	4 Points	3 Points	2 Points	1 Point	0 Points	Score
Recipes are legible and appropriate with the three components of a recipe: 1. Title 2. Ingredients 3. Directions	All recipes included with the three components of a recipe.	Missing recipe components on one of the recipes.	Missing recipe components on two of the recipes.	Missing one additional recipe.	Recipe does not make sense and/or not cited properly.	No recipes included.	
Presentation	5 Points	4 Points	3 Points	2 Points	1 Point	0 Points	Score
Neat Picture of each recipe No spelling or grammar mistakes Recipe Titles are creative	Neat Typed Picture of each item No mistakes Creative Titles	<i>One</i> of the components is missing.	<i>Two</i> of the components are missing.	<i>Three</i> of the components are missing.	<i>Four</i> of the components are missing.	<i>Five</i> of the components are missing.	
Nutrition	10 Points	8 Points	6 Points	4 Points	2 Points	0 Points	Score
Student completed nutritional analysis & filled out nutritional key for each recipe	Completed: Accurate Research Key on each recipe	Did not complete <i>one</i> of the requirements	Did not complete <i>two</i> of the requirements	Did not complete <i>three</i> of the requirements	Did not complete <i>four</i> of the requirements	Did not complete <i>all</i> of the requirements	