

ABC Eating Disorders

Under the correct eating disorders heading, write the LETTER of the related characteristic.

- A. Appear to be normal weight
- B. Secretive bingeing and hoarding of junk food
- C. Lack of control over eating habits and exercise
- D. Distorted body image
- E. Fear of becoming fat
- F. Typically weigh more than 30% of ideal body weight
- G. Possible effects are weight gain, high blood pressure, heart disease, and diabetes
- H. Often visits restroom after eating large quantities of food
- I. Obsessed with desire to be thin
- J. Tooth erosion and esophagus problems
- K. Extreme overeating with high fat / high calorie foods
- L. Excess body fat
- M. Possible hair loss - brittle bones - organ damage - death
- N. Regularly eat large quantities of food at one time
- O. Lose 20% of ideal body weight
- P. Purge foods by vomiting or laxative abuse
- Q. Restricting foods
- R. Eat quickly until uncomfortably full

<u>Anorexia</u>	<u>Bulimia</u>	<u>Compulsive Overeating</u>

