

# Flipgrid RAP Video: Vegetables & Herbs: An Extraordinary Relationship

While Frankie Celenza of Struggle Meals is an experienced chef, you may not be as familiar as he is to the types of herbs that work well with specific vegetables. To help you know what works well together, complete the “Matching Herbs & Vegetables” FlipGrid assignment using the [Guide to Matching Herbs & Vegetables](#) article.

You and your group will use the above article information to create a Flipgrid presentation RAP on your assigned vegetables and complementing herbs.

## Notes...

Assigned Vegetable #1: \_\_\_\_\_

Complementing Herbs:

Assigned Vegetable #2: \_\_\_\_\_

Complementing Herbs:

Assigned Vegetable #3: \_\_\_\_\_

Complementing Herbs:

Assigned Vegetable #4: \_\_\_\_\_

Complementing Herbs:

Assigned Vegetable #5: \_\_\_\_\_

Complementing Herbs:

### RAP Video Criteria

If you are new to Flipgrid, view this short [tutorial](#) before recording. You will have up to 5 minutes to present your information as a **group** RAP. The RAP must include the name of the vegetables, what each looks like, and the herbs that are complementary. Include an instrumental background and make your RAP rhyme for BONUS points! Have fun!

CODE: \_\_\_\_\_

### Presentation Rubric:

Group Members: Tasks	Points earned	Comments
<b>Prep Work: 6 points</b> ___ Group members stayed on-task to complete prep work in allotted time (prepped with notes)		
<b>Video RAP Style Content: 3 points each (total of 12 pts)</b> ___ Rappers introduced the vegetables ___ Rappers described vegetables by appearance ___ Rappers shared complementing herbs for assigned vegetables ___ Information is thorough, correct and complete		
<b>Quality: 3 points each (total of 6 points)</b> ___ Rapping is clear ___ Content is well organized ___ Used appropriate vocabulary, descriptions and language		
<b>BONUS: 5 points each (total of 10 points)</b> ___ Rapping rhymes, flows and makes sense ___ Instrumental background music included		

Total Points: \_\_\_\_/24 Bonus Points Possible: \_\_\_\_/10 Grand Total: \_\_\_\_/34

**Vegetables & Herbs:  
An Extraordinary Relationship Match-Ups**

View each of the Flipgrids and fill in the information.

	<b>Vegetable</b>	<b>Complementing Herbs</b>
<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>		
<b>5</b>		
<b>6</b>		
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<b>24</b>		
<b>25</b>		

## **Vegetables Cut Apart for Random Selection**

ARTICHOKES

RADISHES

ASPARAGUS

SPINACH

BEETS

SWEET POTATOES

BROCCOLI

TOMATOES

BRUSSEL SPROUTS

ZUCCHINI

CABBAGE

CARROTS

CAULIFLOWER

CORN

CELERIAC

CUCUMBER

EGGPLANT

GREEN BEANS

LEAFY GREENS

LEEKs

PEAS

POTATOES

PUMPKIN/WINTER SQUASH

