Fixed or Growth Mindset Sort

I'M EITHER GOOD OR I'M NOT.

I CAN LEARN ANYTHING NEW! I JUST HAVE TO TRY!

MY ABILITIES ARE PREDETERMINED BY MY GENES.

MY EFFORT IS THE MAIN THING THAT DETERMINES MY ABILITIES.

FAILURE SHOWS ME WHAT I'M NOT GOOD AT!

EVERY TIME I FAIL, I LEARN, I LEARN SOMETHING, THEN I CAN GET EVEN BETTER.

FEEDBACK IS ALWAYS CRITICISM.

I THINK THAT FEEDBACK IS CONSTRUCTIVE AND HELPFUL.

I DON'T LIKE TO GET OUT OF MY COMFORT ZONE OR TRY NEW THINGS BECAUSE IT'S SCARY.

I'M WILLING TO TRY NEW THINGS, EVEN IF I'M NERVOUS OR SCARED.