

# EXPLORING RICE



Use the internet to find the answers to the following prompts.

1. Where and when did rice originate?
2. Where does rice rank in crop production in the United States?
3. Is rice a grass or a grain?
4. Is brown rice or white rice healthier? Why?
5. What nutritional value does rice provide in our diet?
6. What does it mean if the ingredient list says “enriched rice”?

7. Refer to this [resource](#) and use it to name the 3 main types of grain, their characteristics and uses.

#1:
<i>Characteristics:</i>
<i>Uses:</i>
#2:
<i>Characteristics:</i>
<i>Uses:</i>
#3:
<i>Characteristics:</i>
<i>Uses:</i>

Hand draw or glue an image illustrating the 4 part anatomy of a rice grain in the space below.