Fastfood Quiz-KEY

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Block:\_\_\_\_\_\_

1. Which item has the least amount of calories?
2. McDonald’s Parfait (150)
3. Taco Bell’s Taco (170)
4. KFC Coleslaw (180)
5. Which breakfast item has the most calories?
6. Starbucks Banana Nut Bread (490)
7. McDonald’s Large Hot chocolate (460)
8. Chick-fil-a’s cinnamon cluster (430)
9. Subway’s Breakfast BMT melt (240)
10. Which dessert contains the most calories?
	1. McDonald’s M&M McFlurry (16oz) (930)
	2. Burger King Dutch Apple Pie (340)
	3. Popeye’s Pecan Pie (410)
	4. Sonic Cheese cake bites with strawberry dipping sauce (3 piece) (500)
11. Which Salad has the fewest calories?
	1. Taco Bell Beef Taco Salad (780)
	2. Burger King’s Garden Fresh Salad Chicken Apple & Cranberry with Tendercrisp and dressing (700)
	3. Wendy’s Baja Salad (720)
	4. Chick-fil-a’s Chicken-n-Strips Salad with Ranch dressing (560)
12. Which comfort food has the fewest calories?
	1. KFC pot pie (790)
	2. Popeye’s Large Macaroni & Cheese (600)
	3. Wendy’s Sour cream, chive, butter baked potato (370)
	4. Papa John’s Slice of Peperoni Pizza (330)
	5. Sonic Grilled Cheese Sandwich (410)
13. Which food has the most sodium?
	1. Wendy’s Baja Salad (1600)
	2. Popeye’s Large green beans (1260)
	3. McDonald’s double cheeseburger (1120)
	4. Subway’s 6” Spicy Italian sandwich (1520)
14. Which fast food has the least sodium?
	1. Sonic’s Large Fritos Chili Cheese Pie (1780)
	2. McDonald’s Angus bacon & cheese (2070)
	3. Burger King’s 5 piece homestyle chicken strips (2340)
	4. KFC Famous Bowls Mashed Potato with gravy (2130)
15. Rank these sandwiches from least to most calories:
	1. Subway 6” Big Philly cheesesteak (600) 5
	2. Burger King’s veggie burger with cheese (450) 2
	3. McDonald’s Big Mac (550) 4
	4. Wendy’s Junior Bacon Cheeseburger (400) 1
	5. Dairy Queen 1/4 lb Grillburger with cheese (540) 3
	6. Sonic’s Cheeseburger with Mayo (800) 6
16. Rank these beverages from least to greatest grams of sugar?
	1. Sonic Large Hotfudge Shake (168) 8
	2. Wendy’s Large Chocolate Frosty Shake (148) 7
	3. Popeye’s 22oz Mountain Dew (77) 4
	4. Burger King’s Large Raspberry Smoothie (87) 6
	5. McDonald’s Minute Maid Orange Juice (16oz) (39) 1
	6. Starbuck’s Venti Iced Carmel Macchiatto (46) 3
	7. Dairy Queen Large Coca-cola (85) 5
	8. Chick-fil-a’s Small lemonade (43) 2
17. Which company’s small softserve ice cream cone contains the smallest portion by weight?
	1. McDonald’s (105 g)
	2. Dairy Queen (142 g)
	3. Burger King (100 g)
	4. Sonic (133 g)
18. What is your favorite fastfood meal? How many calories do you think each item has and how many in total?